Member Bulletin
August

HOSTING AFC3

Preparations are well under way for NSW to host AFC3 at the New South Wales Fencing Centre from 25 – 28 August 2017. This is the first time in over 5 years that the event is being held here in NSW and the first national event that is taking place at our dedicated venue. **Be sure to sign up by 11 August to avoid late fees.** See the registration link below under “Upcoming Competitions”

CALL FOR AFC 3 VOLUNTEERS

We would greatly appreciate volunteers to help out at AFC3. Help is needed from 25 - 28 August in many areas including with:

- the canteen
- weapons check
- competition set up and packing up
- merchandise stand

If you can help with the canteen – please use the following link to access the roster:
VOLUNTEER POSSIBILITIES AFC#3

For weapons check and other volunteer activities **please email us with your available time and what you are volunteering for by emailing: secretary@nswfencing.org.au**

UPCOMING COMPETITIONS

AFC 3

Please don't leave your registration for AFC3 too late - normal registration closes on 11 August:
http://www.ausfencing.org/home/index.php?option=com_content&view=article&id=5519:afc-3-and-australian-u-23-sabre-championships-registrations-now-open&catid=234&Itemid=386

Asian Cadet Circuit - Sabre

Cadet sabreurs intending to take part in the Asian Cadet Circuit event at NSWFC on 2-3 September, please get your entries in as soon as possible via the AFF website. All U17 sabreurs are encouraged to enter for the individual event. There will also be teams - selections will be advised by the AFF:
http://www.ausfencing.org/home/index.php?option=com_content&view=article&id=5536:registrations-now-open-2017-asian-cadet-circuit-boys-girls-sabre-sydney&catid=234&Itemid=386

Australian Junior Championships

The AFF has opened registrations for the Australian Junior (U/20) Championships, to be held in Melbourne for 21 to 24 September 2017.
http://www.ausfencing.org/home/index.php?option=com_content&view=article&id=5551:2017-afc-junior-u-20-championships-registrations-now-open&catid=234&Itemid=386

SMART NEW LOOK FOR NSW FENCING

NSWFA has a smart new range of merchandise including a presentation track suit you can wear on the podium. Even better, you can have your surname added to the jacket! Other items include a hoodie and training gear. The new apparel is for sale online via our new supplier, S-Trend Sportswear. Just place your order online via the link below. Prices are actually lower than before, and the new outfits will create a fresh and contemporary image for NSW Fencing. We hope that all NSW fencers will soon be wearing the new track suit and training gear.

To see the new range, you can visit the S-Trend Sportswear website directly (https://my.s-trend.com.au/store/New-South-Wales-Fencing-Association) or access the same link via our website (www.nswfencing.org.au).

Please feel free to contact the NSW Fencing Centre manager (FencingCentre@nswfencing.org.au) for any questions you may have.

SAM HUGHES POPS UP IN BATLOW

Longtime Newcastle fencer and club chief Sam Hughes has moved to Batlow (where apples come from) and set up a new club - Batlow Swords Club.

Sam's new club is open 4pm to 6pm on Tuesdays at the Batlow RSL. Further details on the clubs page of the NSWFA website.

Naturally, with Sam as coach, the club will focus on epee.

We wish Sam all the best and hope to see him and his fencers in competitive action soon.

WELCOME TO YOUNG FENCERS FROM CHINA

A team of young fencers - three girls and six boys - from the Hangzhou Youth Sports Centre will be visiting Sydney on the weekend of 12 - 13 August and competing in events that weekend.

The tour has been organized by Leo Yang from Z&L Fencing Club.

Please make our young visitors welcome.

ASADA ATHLETE WARNING

ASADA has issued the following warning to athletes about the prohibited substance **Higenamine**, following a flood of positive tests stemming from **popular dietary supplements**:

In just over a year, 13 Australian athletes from nine different sports have tested positive to Higenamine, which is prohibited both in and out of competition. This is in spite of a warning issued by ASADA in November 2016. Higenamine is often listed on the ingredient label of the supplements, however this is not always the case. As such, ASADA is reiterating its warning around the risk of supplements, as well as ways to help reduce that risk.

To do that, we have published a blog specifically about Higenamine, which includes the names of supplements known to cause positives, and have made several posts on our Facebook and Twitter accounts.

https://www.asada.gov.au/news/athlete-warning-higenamine-supplements
Twitter: @anti_doping
Facebook: ASADAantidoping

WIN A NEW CAR FOR $5

Win a new Holden.

Help drive your club's success and go in the draw to win a new Holden!

Simply purchase a $5 voucher which entitles you to a 'Great Getaways' eBook full of amazing driving escapes and entry into the grand prize draw.

1st Prize Holden Trax
2nd Prize Holden Spark
3rd Prize Home entertainment package

100% of proceeds go directly to your local sporting club.*

*Terms and conditions apply
Authorised under: ACT Permit No. TP16/02108,
NSW Permit No. LTP/16/08460 and SA Permit T16/1921

Holden
Let's go there

NSWFA is offering members the chance to win a new car...two in fact.

First prize in a $5 per ticket raffle is a Holden Trax SUV and second prize is a Holden Spark. Third prize is a home entertainment set worth over $3,000. All money from ticket sales goes to NSW Fencing.

You can buy tickets at the NSW Fencing Centre or reserve as many tickets as you want via secretary@nswfencing.org.au

The raffle closes on 31 August and the winners will be announced by Holden shortly after.

SCHOOLS TEAMS

The 2017 Schools Teams Championships are in full swing. The U15 Boy's Foil Team event on 29 July attracted 17 teams.

U15 Boys Foil Team medalists: Gold - Sydney Grammar; Silver - Sydney Boys High School; Bronze - Newington.

U15 Girl's Foil Team medalists: Gold – MLC, Silver – Sydney Girls High School B; Bronze – Sydney Girls High School A.

RIVERINA FENCING CHAMPIONSHIPS

When: 23rd and 24th September 2017

Where: The Riverina Anglican College, Farrer Rd Wagga Wagga
(Near main entrance to Charles Sturt University)

Registrations close 15min before posted start times

Start Times:	**Saturday:**	**Sunday:**
	9:15am: Open Foil	9.00am: Open Epee
	11.00am: Novice Sabre	10.30am: U/15 Foil
	12:30pm: U/13 Foil	12.30am: Open Sabre
	13:30pm: Novice Epee	13.30pm: Novice Foil

Cost: Entry Fee $25 for the first event ($15 for each other event). Pre-registration will receive a $5 discount on each event. Pre-registration closes **16th September**.

Entrants must be registered with NSW Fencing Association or their State Association.

There will be some equipment available for hire (let us know in plenty of time) Tracksuit pants may be worn in novice events. Electric bib for foil is not required.

Contact : Julian on 0409 227 955 or email ; julian1fencing@gmail.com

WAGGA WAGGA FENCING CLUB

SPIT ROAST

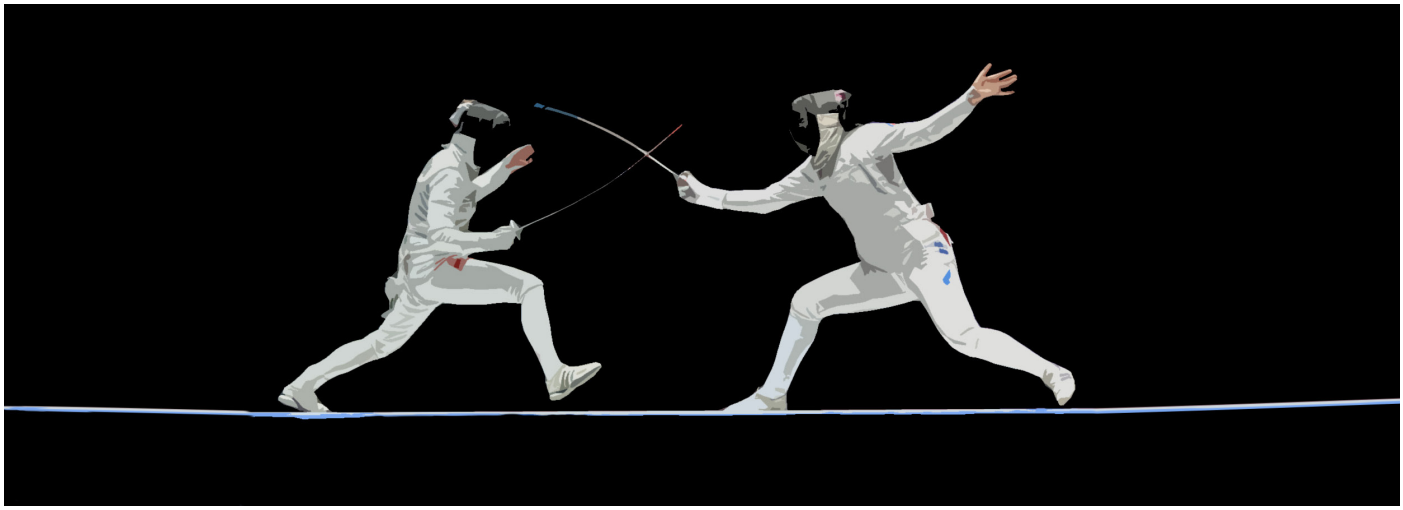
There will be a dinner on the Sat evening at the end of the days events. Everyone welcome to enjoy a friendly meal with all your fencing friends.
Adults $25, children $15, Family $50 (2A,2C)

Please indicate your attendance (and the number in your party) when you pre-register. These numbers are <u>essential</u> for catering purposes.

More information contact Julian at *julian1fencing@gmail.com*

2017 Northern Regional Fencing Competition

Saturday, September 2nd



Epee: 9.30am *Foil:* 1.00pm

Entry fee: $25 (second weapon entry $15)

Contact:

Eddie Bridge
e_bridge@dodo.com.au
0414 859 182

Venue:

Newcastle PCYC
Cnr Young & Melbourne Roads
Broadmeadow, Newcastle

All participants must have registration with NSW Fencing Association as a minimum

Ranking points will be awarded as per NSWFA rules

Canteen will be providing light refreshments for the day

Northern Sport Fencing Association inc.