



2007 NATIONAL EPEE TRAINING CAMPS

DATES

24 – 25 February

14 & 15 April

12 & 13 May

21 – 22 July

10 – 12 August

24 & 25 November

PRIOR TO;

Mid-season Camp

AFF # 1

Pre World Cup Tour (Asia and Sydney)

AFF # 3

Asia-Oceania Zone Championships*

National Championships

CAMP GOAL

The epee camps are part of the ongoing national program to provide athletes with opportunities to develop and refine their skills as part of their individual program. The camp will focus particularly on technique through the use of drills and various types of bouts.

VENUE

NATIONAL & STATE HIGH PERFORMANCE FENCING CENTRE (NSHPFC), FIRST FLOOR, UNIT 2, 24 LINCOLN ST BRUNSWICK, VICTORIA

CAMP DETAILS

The camp is for 2 days. It will comprise 2 group sessions per day. The camp hours will be 10:00am to 4pm. Vladimir Sher, National Epee Coach, will be the head coach at the camp. If the camp is the week before a national tournament, training opportunities at local clubs are available for those who stay during the week as well as a training session on Wednesday evening at the NSHPFC.

* *The epee camp prior to Asia-Oceania Zone Championships is compulsory for athletes selected to represent Australia.*

COST

The cost of the camp is \$130 for Victorians & \$100 for interstate fencers. The day rate for the camp is \$75.

You will be invoiced by the AFF after the camp, please ensure your email address is legible.

CAMP REGISTRATIONS

You must provide a signed copy of the 2007 epee camp registration form for legal reasons. This copy will be kept and will be relevant for all camps that you attend.

TRANSPORT INFORMATION

Melways Map Reference: Map 30 Ref A4

(enter from right of way behind building off Donald St or Moreland Rd-NO ENTRY FROM LINCOLN ST)

Car parking is available in the designated car parks at the rear of the building and in the streets surrounding the building.

Public transport:

- by train (closest station is Moreland-12 minute walk)
- by trams #1,15,21,22 along Swanston St/Elgin St/Lygon St/Holmes St. Alight at Donald St or Moreland Rd - 5 minutes walk to the centre.

ACCOMMODATION INFORMATION

The following information is a guide to accommodation venues in close proximity to the centre and the city/Carlton restaurant district. In all cases bookings should be made direct to the venue as soon as possible to ensure you obtain your preferred accommodation arrangements.

Venue	Accommodation Details
Last Minute.com.au	Variety of good quality accommodation in and around the city at competitive rates.
Parkville Place Apartments	124 Brunswick Rd, Brunswick +61 (0)3 9387 8477
YWCA	489 Elizabeth St, Melbourne +61 (0)3 9329 5188

EPEE CAMP REGISTRATION FORM 2007

Participants Details		
TITLE	Mr/ Ms/ Mrs/ Miss	
SURNAME: _____	GIVEN NAMES: _____	
ADDRESS: _____	POSTCODE: _____	
PHONE: (home) _____	(work) _____	
EMAIL: _____		
EMERGENCY CONTACT NAME: _____		
EMERGENCY CONTACT NUMBERS: _____ _____		
Fencer's Information		
Medical Conditions/Allergies (etc) if any: _____ _____ _____		
Your Date of Birth? / /		
I will be attending the following camps;		
<input type="checkbox"/>	DATES	PRIOR TO;
<input type="checkbox"/>	24 – 25 February	Mid-season Camp
<input type="checkbox"/>	14 & 15 April	AFF # 1
<input type="checkbox"/>	12 & 13 May	Pre World Cup Tour (Asia and Sydney)
<input type="checkbox"/>	21 – 22 July	AFF # 3
<input type="checkbox"/>	10 – 12 August	Asia-Oceania Zone Championships*
<input type="checkbox"/>	24 & 25 November	National Championships
Participants Signature and Medical Consent		
I apply for participation in the epee training camp and acknowledge that I participate in the camp at my own risk. I consent to emergency medical, hospital or ambulance services being obtained at my expense in the event of accident or sudden illness. As a camp participant I agree to abide by instructions given by coaches during the camp. Completing this form is relevant for all the AFF Epee camps in 2007. If any of the information changes you will need to advise the AFF of these changes.		
Participant's Signature		Date:
Parent/Guardian (if U18)		Date:

You will be invoiced by the AFF after each camp you attend.